

## SUFFOLK COUNTY AL-ANON & ALATEEN MEETINGS

### Summer 2008: July, August and September

Mail meeting list changes or closings to: A.S.I.S., P.O. Box 490, Farmingville, NY. 11738  
Tel. : (631) 669-2827 www.al-anon-suffolk-ny.org

Suffolk Al-Anon Phone Service needs volunteers  
with at least a year of Al-Anon membership.  
To volunteer, please call 1-631-669-2827

According to our traditions, any two or more persons, age 12 or older, whose lives are being affected by the problem of alcoholism may form an Al-Anon group, provided the group is self-supporting, and that, as a group, it has no outside affiliations. An Alateen group consists of a certified Alateen sponsor and two or more Alateen members.

Alateens are members of the Al-Anon fellowship. Where there is no Alateen meeting available, young people are encouraged to attend Al-Anon meetings.

Suffolk Information Service offers a list of Al-Anon / Alateen groups at their request. There is an informal agreement that the group will abide by the Al-Anon Traditions and keep its doors open to any Al-Anon member. Listing in the directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you please try another; there is help and hope available in Al-Anon.

used with permission of the AFG Family Groups, Inc.

### ALATEEN MEETINGS

Town	Notes	Location	SUN	MON	TUE	WED	THU	FRI	SAT
Deer Park (Suffolk)		Community Presbyterian Church 1843 Deer Park Avenue (at Lake Avenue)		8:00					
East Moriches (Suffolk)	Ages 13-18 only	United Methodist Church 370 Montauk Highway & Woodlawn Avenue		7:00					
Farmingdale (Nassau)		St. Killian Church (Basement) 462 Conklin Street & Cherry Avenue	7:30						
Franklin Square (Nassau)		St. James Church 858 Roosevelt Street			7:30				
Hicksville (Nassau)		Parkway Community Church (Upstairs) 95 Stewart Avenue (West of Levittown Pkwy)				7:30			
Rockville Center (Nassau)		Holy Trinity Lutheran Church Lincoln & Woodland Avenue					8:00		
Seaford (Nassau)		St. William the Abbott School (Basement/Cafeteria) 2000 Jackson Avenue, South of Sunrise Hwy.			7:30				
Setauket (Suffolk)		Setauket Presbyterian Church, 5 Caroline Ave. (off Main St., 3 blocks north of 25A).			7:30				
Smithtown (Suffolk)		First Presbyterian Church, 175 East Main Street, Room 33 (Junction Routes 111 & 25 & 25A)				7:00			
Southampton (Suffolk)		First Presbyterian Church (use back or side door) 2 S. Main Street (at Meeting House Lane)			7:00	← NEW MEETING			
West Hempstead (Nassau)		St Andrews Lutheran Church 54 Nassau Boulevard (side entrance/ rear parking)	7:00						

If someone you know has a drinking problem, you can see what it's doing to them, but can you see what it's doing to you?

All meetings are Regular, PM, unless otherwise specified:

Abbreviations: B=Beginners S=Step meeting T=Tradition meeting D=District

Town	Notes	Location	SUN	MON	TUE	WED	THU	FRI	SAT	
Amityville D7		St. Mary's Episcopal Church 175 Broadway		B8:00 8:00						
Babylon D5	Wheelchair	Babylon Methodist Church (Basement) 21 James Street (off Deer Park Avenue)			B7:30 Open Meeting Last Tuesday 8:00 in March, June, Sept., Dec.					
Babylon D5	Wheelchair	Christ Episcopal Church (Driveway Entrance) 12 Prospect St. & Carll Avenue (1 Block south of W. Main Street)					B10:00AM S10:30AM			
Babylon D5	Adult Child Wheelchair	Cross of Christ Lutheran Church 576 Deer Park Avenue at Washington St.			Due to Church's insurance policy, Children are not permitted at this meeting.					B7:00 8:00
Bayport D3		United Methodist Church 482 Middle Road			B7:30 8:00					
Bay Shore D5	Friday is Adult Child	St. Patrick's Church (Parish Hall) 6 Fifth Avenue, North of Main Street (Montauk Hwy)	B7:00 8:00					B9:30AM 10:00AM		
Blue Point D3		Our Lady of the Snow (Cottage) 175 Blue Point Avenue			B9:30AM 10:00AM			B9:30AM 10:00AM		
Bohemia D3	Adult Child	Peace Christian Church 680 Ocean Avenue			8:00					
Bohemia D3	Gay/Lesbian Wheelchair	St John Nepomucene Roman Catholic Church, 1150 Locust Avenue (Bohemia)						7:30		
Bridgehampton D1		St. Ann's Episcopal Church (Parish Hall) 2463 Main Street (Back Door)	7:00		10:00AM			10:00AM		
Brookhaven Hamlet D3		St. James Episcopal Church 260 Beaver Dam Road & Bay Road		B7:15 8:00						
Center Moriches D3		Lamb's Chapel 25-6 Frowein Road		10:00AM						
Cutchogue D34		Presbyterian Church NY 25 / Main Road (at Highland Road)		7:00	12:00					
Deer Park D5	Thursday is Adult Child	Community Presbyterian Church 1843 Deer Park Avenue (at Lake Avenue)		B7:30 8:00	Alateen meeting same night		B7:30 8:00			
Dix Hills D4	Wheelchair	St. Luke Lutheran Church 20 Candlewood Path (off Vanderbilt)		Open meeting, 1st Thursday in Feb., May, Aug., Nov.			B8:00 8:30			
East Hampton D1		First Presbyterian Church 120 Main Street (Session House)		12:30						
East Hampton D1	Women	Senior Citizen Center (Lounge) 128 Springs Fireplace Road.		7:00	B meeting First Monday of month					
East Islip D5		St. Mary's Roman Catholic Church 20 Harrison Avenue (at Main)			B7:30 8:00					
East Moriches D3	Alateen same night Wheelchair	United Methodist Church 370 Montauk Highway & Woodlawn Avenue		S,B&T 7:00 8:15						
East Northport D4	Parents	Union United Methodist Church, 1018 Pulaski Road (1 block east of Larkfield Road)				B7:00 7:30				
East Northport D4		St. Anthony of Padua Outreach Center 1025 5th Avenue (at Cheshire Place)							B1:15 2:00	
Greenlawn D4		First Presbyterian Church 497 Pulaski Road & Broadway		12:00						
Hampton Bays D1	Monday is Adult Child	United Methodist Church, Anderson Hall 158 West Montauk Highway		7:00	Tradition & Concept 1st week of the month, otherwise Step & Tradition				S7:00 8:15	
Holbrook D2	Wheelchair	Sachem Public Library 150 Holbrook Road (inquire at Welcome Desk for							9:45AM	
Huntington D4	Baby Sitter	Old First Presbyterian Church 125 Main Street						S9:15AM B9:15AM 10:00AM		
Huntington D4	Adult Child	St. Patrick's Church (room right of garages) 400 Main Street (& 56 Anderson Place)			B7:30 8:00					
Huntington Station D4		West Hills United Methodist Church 1 West Hills Court (off NY 25, Across from Walt Whitman High School)					B7:30 8:00			
Lindenhurst D5		St. John's Evangelical Lutheran Church 36 East John Street - Dover Street entrance 2nd floor			B10:00AM 10:00AM					

All meetings are Regular, PM, unless otherwise specified:

Abbreviations: B=Beginners S=Step meeting T=Tradition meeting D=District

Town	Notes	Location	SUN	MON	TUE	WED	THU	FRI	SAT
Manorville D34	Adult Child	Sts. Peter & Paul (Rectory Basement) 781 Wading River Road				7:30			
Mattituck D34	Adult Child Open Meeting	Church of the Redeemer, 13225 Sound Avenue (off Rt. 25 across from the train station)					7:30		
Medford D2		St. Sylvester's (Parish Center) 68 Ohio Avenue (Entrance on Robinson Ave.)					B9:30AM 10:15AM		
Montauk D1		Montauk Community Church (By library on hill) 850 Montauk Highway	5:30						
Nesconset D3		Nesconset Christian Church 247 Smithtown Boulevard & Old Nichols Road					B7:30 8:00		
Northport D4		First Presbyterian Church (Rear Entrance) 330 Main Street (& Church Street)						S8:00	
Northport D4		Trinity Episcopal Church (in library) 130 Main Street				S9:00AM			
Northport D4	Closed on Holidays	St. Philip Neri, 15 Prospect Ave. (off Church St.) Sunday: older building downstairs Monday: 2nd floor hospitality room	B1:00 2:00	S7:00 B7:15 8:00					
Patchogue D3		Lutheran Church of Our Savior 231 Jayne Avenue						S8:00	
Patchogue D3		St Josephs Prayer Center 312 Maple Avenue (near Austin Ave.)		10:00AM					
Port Jefferson D2	Adult Child Wheelchair	Mather Memorial Hospital (Conference room 1) 75 North Country Road (at Belle Terre Road)							6:30
Port Jefferson D2	Wheelchair	St. Charles Hospital (Board room 1) 200 Belle Terre Road	B8:00 8:00						
Port Jefferson Station D2		St. Gerard Majella Church (2nd Floor) 300 Terryville Road			10:00AM				
Riverhead D34		Grace Episcopal Church 573 Roanoke Avenue		10:00AM		Open Step Meeting 3rd Thursday of the month	7:15		
Riverhead D34	Adult Child	Peconic Med. Ctr., Conf. Room A (Formerly Central Suffolk Hospital) Rt. 58 & Roanoke Ave	7:30						
Ronkonkoma D3		St. Joseph's Church Rectory (Rear Entrance) 45 Church Street					10:00AM		
Sag Harbor D1	Parents on Thursday	Christ Episcopal Church 5 Hampton Street, Rt.114 & Union Street				S&T 5:30	5:00		4:30
Sayville D3	Adult Child	St Johns Lutheran Church 48 Greene Ave					S&B 7:00 8:00		
Sayville D3		Prince of Peace School (2nd Floor Faculty Room 202), 212 West Main Street					Open Meeting Last Saturday of the month		S8:00
Setauket D2	Alateen same night	Setauket Presbyterian Church, 5 Caroline Ave. Church Basement (off Main St. north of 25A). Across from Emma Clark Library				S&B 7:30 8:30			
Shelter Island D34		St. Mary's Episcopal Church 26 St. Mary's Road (church basement)							10:00AM
Shoreham D2	Wheelchair	North Shore United Methodist Church (Rear Entrance), 260 Rt. 25A Wading River		S&B 7:00 8:00					
Smithtown D4		St. Thomas of Canterbury Episcopal Church. (Basement), Brookside Drive			S12:00				
Smithtown D4	Alateen same night	First Presbyterian Church, 175 East Main Street (Junction Rts. 111&25&25A)				B7:00 8:00		Regular Open Meeting Last Wed of the Month	
Southampton D1	Alateen same night	First Presbyterian Church 2 S. Main Street (at Meeting House Lane)			7:00		New Alateen Meeting Same Night		
Stony Brook D2		Stony Brook Community Methodist Church (Basement), 216 Christian Avenue						10:00AM S 11:15AM	
Westhampton Beach D1		Immaculate Conception (Our Lady's Hall-behind church) 580 Main Street				7:30			
West Islip D5	Baby Sitter	Our Lady of Lourdes (Convent Basement) 455 Hunter Avenue				B9:30AM 10:00AM			

**All meetings are Regular, PM, unless otherwise specified:**

**Abbreviations: B=Beginners S=Step meeting T=Tradition meeting D=District**

pg-4

**Quarterly Meetings:**

Al-Anon Suffolk Information Quarterly meetings are held the 3rd Wednesday of January, April, July and October at a place to be announced in a mailing before the meeting.

**Monthly District Meetings: (No Meetings July or August)**

Dist. # 1 & 34 : 2nd Tuesday of odd months. 7:15pm, United Methodist Church, 158 West Montauk Highway, Hampton Bays, NY

Dist. # 2 :

Dist. # 3 : 4th Wednesday, 7:30pm, St. James Episcopal Church, 258 Beaver Dam Road, Brookhaven, NY

Dist. # 4 :

Dist. # 5 : 4th Wednesday, 7:00pm, Our Lady of Lourdes, Basement, 455 Hunter Avenue, West Islip, NY

**Twelve Steps**

1. We admitted we were powerless over alcohol, that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

used with permission of the AFG Family Groups, Inc.

**Twelve Traditions**

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants - they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

used with permission of the AFG Family Groups, Inc.

**For Other Information:**

**Suffolk Information**

P.O. Box 490  
Farmingville, NY, 11738  
(631) 669-2827  
www.al-anon-suffolk-ny.org

**Al-Anon Nassau County**

P.O. Box 755  
Westbury, NY 11590  
(516) 433-8003

**Southern NY Information**

P.O. Box 30,  
Radio City Station,  
New York, NY 10101  
www.alanonny.org

**NYC Information**

350 Broadway, Suit 404  
New York, NY 10013  
(212) 941-0094 (English)  
(800) 939-2770 (Spanish)  
www.nycalanon.org

**Nationwide Information**

1-888-4AL-ANON  
1-888-425-2666  
www.al-anon.org  
**Members Website**  
www.al-anon.org/members