

INTRODUCTION

Statement of Purpose

Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses or opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic. *(The Suggested Preamble to the Twelve Steps)*

Statistics

- There are over 26,000 Al-Anon/Alateen groups in 115 countries. Each group has an average of 13 members.
- Al-Anon/Alateen literature is written by members and translated in 30 languages.
- Meetings are non-professional, free, and confidential.

How To Get In Touch With Us:

Al-Anon Family Group Headquarters, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617
757-563-1600 • 757-563-1655 (fax)

Al-Anon Family Group Headquarters (Canada) Inc.
Capital Corporate Centre
9 Antares Drive, Bureau 245
Ottawa, Ontario, Canada K2E 7V5
613-723-8484 • 613-723-0151 (fax)

For worldwide meeting information:

1 888-4 AL-ANON (425-2666)

World Wide Web site address:

www.al-anon.alateen.org

Your Local Contact:

Al-Anon Family Group Headquarters, Inc.

1600 Corporate Landing Parkway, Virginia Beach, Virginia 23454-5617 • (757) 563-1600 • (757) 563-1655 (fax)